

# Ceredigion Carers Registration and Referral Form



Please read the guidance notes before completing this form. A member of staff should be able to help you.



Name of surgery:
Name of LiC setting:

## Section A: let your GP surgery know you are a carer

Title:	Address:
Full name:	
Date of birth:	Postcode:
Telephone:	Email:
Written language preference:	Spoken language preference:

### About the person or people you care for:

What county do they live in?
Your relationship to the person you care for (e.g. wife, son, mother, friend, etc.):
What illness, disability or condition does the person you care for have?
Does anyone else provide additional care for this person: <input type="checkbox"/> Yes <input type="checkbox"/> No
Their age range: <input type="checkbox"/> 5 to 18 <input type="checkbox"/> 18 to 25 <input type="checkbox"/> Over 25

## Section B: help and support, please see notes for more information

Would you like Ceredigion County Council to send you a <b>Carers Information Pack</b> ?	<input type="checkbox"/> Yes
Would you like to join the <b>Carers Information Service</b> run by Ceredigion County Council's Carers and Community Support Team?	<input type="checkbox"/> Yes
Would you like to talk to someone from <b>Gofalwyr Ceredigion Carers</b> (a support service for carers in Ceredigion)?	<input type="checkbox"/> Yes
Would you like to speak to someone in Ceredigion County Council's Porth Gofal about having a <b>Carers Needs Assessment</b> ?	<input type="checkbox"/> Yes

### Please sign and date:

By signing this form you are agreeing to be registered as a carer at your GP surgery. If you say yes to anything in Section B your details will be passed to the named organisation. They will store and use your personal information to help and support you in your caring role.

Carers signature:	Date:
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### For surgery staff only:

I confirm that I have checked the above information. The carer has understood and signed the form. They have been given a copy of the guidance notes and 'Do you look after someone?' leaflet. If anything in Section B has been ticked I will post to: Porth Gofal, Ceredigion County Council, Canolfan Rheidol, Llanbadarn Fawr, Aberystwyth, SY23 3UE or email a password protected word document to: [contactsocservs@ceredigion.gov.uk](mailto:contactsocservs@ceredigion.gov.uk) **within 5 working days.**

Full name:	Signature:	Date:
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# Ceredigion Carers Registration and Referral Form: Guidance Notes

## Are you a carer?

Do you look after a relative, friend or neighbour who cannot manage on their own because they have an illness, poor health, disability, mental health issue or an addiction? If so, you are a carer. There are several ways you could get help and support. The first step is to take a few moments to read these guidance notes and complete the form attached to this sheet.

## Why you should complete the carer registration form

You should have been given a copy of the 'Do you look after someone?' leaflet along with this form. The leaflet provides more detail on the benefits of registering and having a referral as a carer.

It is also helpful for your surgery to know who you are caring for. Please ask about a cared-for consent form. You and the person you care for will need to sign that form.

## Section A: letting your GP surgery know you are a carer

If you complete Section A of the form, you will be registered as a carer at your GP surgery. This means your surgery will be able to help and support you in your caring role. The form also asks if there is anyone else who provides care in particular under the age of 25 to help identify young or young adult carer(s).

## Section B: explains some of the help and support that is available to carers

### Carers Information Pack

Ceredigion County Council's Porth Gofal will send you an information pack. The pack contains information on a range of topics that will help you with your caring role. For further information contact Porth Gofal on **01545 574000**.

### Carers Information Service

The Carers Information Service is run by Ceredigion County Council's Carers and Community Support Team. By joining you will receive a free Carers Magazine released 3 times a year. Along with information on services, support and training, details of events and access to the Carers Forum. For further information contact the Carers Information Service on **01970 633564**.

### Gofalwyr Ceredigion Carers

Gofalwyr Ceredigion Carers provide support to carers. Providing information, advice, and emotional support on an individual basis. They organise group activities, training, and time to talk with other carers. They also help carers access support to have a break from caring. For further information contact Gofalwyr Ceredigion Carers on **03330 143377**.

### Carers Needs Assessment

Ceredigion County Council's Porth Gofal will contact you about having a Carers Needs Assessment. This gives you the opportunity to talk about your caring role and work out what help and support you may need to continue caring. For further information contact Porth Gofal on **01545 574000**.

## What happens when you hand the completed form back to your GP surgery?

You will be recorded as a carer at your surgery. This means that all staff know that you are a carer. You should receive the right advice and support. If you said yes to anything in section B your details will be sent to the carers service organisation. They will store and use your personal information so that they can help and support you. Your information will not be shared with any third parties outside these organisations.