



CYMR AEG

WELSH: A support booklet of words and phrases for parents and guardians



Cyngor Sir
CEREDIGION
County Council



Cyngor
Sir Penfro



(frm) = formal (inf) = informal
(sg) = singular (pl) = plural
(m) = masculine (f) = feminine



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CROESO | WELCOME

Seren a Sbarc yw arwyr y Siarter Iaith sy'n annog defnydd o'r Gymraeg ar yr iard, gartref ac yn y dosbarth. Yn y llyfryn hwn, byddan nhw'n dysgu geiriau ac ymadroddion defnyddiol i chi a fydd yn eich cefnogi chi a'ch plentyn yn yr ysgol gynradd.

Seren a Sbarc are the heroes of the Welsh Language Charter who encourage the use of Welsh in the playground, at home and the classroom. In this booklet, they will teach you useful words and phrases that will support you and your child in primary school.



Dysgair pethau sylfaenol

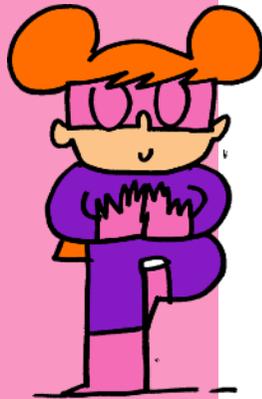
Learning the basics



Yr Wyddor I

The Alphabet

a	m
b	n
c	o
ch	p
d	ph
dd	r
e	rh
f	s
ff	t
g	th
ng	u
h	w
i	y
j	
l	
ll	



Here is a guide to the Welsh alphabet and how it is pronounced in English. It is best to ask a Welsh speaker to demonstrate these sounds or search the internet for examples to check that you are pronouncing them correctly.

a	short: "a" as in "ham", e.g., "mam" long: "a" as in "hard", e.g., "tad"
b	as in "boy", e.g., "bara"
c	as in "cat" (never the "s" sound as in "cent"), e.g., "cant"
ch	a non-English sound as in Scottish "ch" in "loch", e.g., "bach"
d	as in "dog", e.g., "dros"
dd	"th" (voiced) as in "the" (never the voiceless "th" sound as in "thin, e.g., "bedd"
e	short: "e" as in "then", e.g., "pen" long: similar to "e" in "then spoken in a southern drawl, e.g., "hen"
f	as in "of", e.g., "afal"
ff	as in "off", e.g., "ffÛl"
g	as in "god", e.g., "glan"
ng	as in "long", e.g., "ing"
h	as in "hat", e.g., "hen"
i	short: "i" as in "sit", e.g., "inc" long: "ee" as in "seen", e.g., "hir"
j	as in "jam", e.g., "jar"
l	as in "lamp", e.g., "lol"
ll	an aspirated 'l' which does not occur in English, sounded by placing the tongue so as to say 'l' and hissing out of one side of the mouth, e.g., "llan"
m	as in "man", e.g., "mab"
n	as in "name", e.g., "nos"
o	short: "o" as in "gone", e.g., "llon" long: as in "more", e.g., "to"



p	as in "pet", e.g., "pen"
ph	an aspirated 'p' occurring only as a mutated form, sounded as in "graph", e.g., "tri phen"
r	as in "rat", e.g., "caru"
rh	an aspirated 'r' which does not occur in English; the difference between 'rh' and 'r' is similar to that between 'wh' and 'w' in "when" and "went", e.g., "rhan"
s	as in "sit", e.g., "sant"
t	as in "top", e.g., "tan"
th	as in "thin", e.g., "cath"
u	short: as in "sit", e.g., "sut" long: as in "seen", e.g., "un"
w	as in "wind", e.g., "wedi" short: as in "look", e.g., "cwm" long: as in "fool", e.g., "mwg"
y	short: as in "sit", e.g., "cyn" (clear sound) short: as in "gun", e.g., "yn" (obscure sound) long: as in "seen", e.g., "dyn" (clear sound)



Rhifau | Numbers

0	sero
1	un
2	dau
3	tri
4	pedwar
5	pump
6	chwech
7	saith
8	wyth
9	naw
10	deg
11	un deg un
12	un deg dau
13	un deg tri
14	un deg pedwar
15	un deg pump
16	un deg chwech
17	un deg saith
18	un deg wyth
19	un deg naw
20	dau ddeg



Tens	Degau	Hundreds	Cannoedd	Thousands	Miloedd
10	deg	100	cant	1000	mil
20	dau ddeg	200	dau gant	2000	dwyr fil
30	tri deg	300	tri chant	3000	tair mil
40	pedwar deg	400	pedwar cant	4000	pedair mil
50	pum deg	500	pum cant	5000	pum mil
60	chwe deg	600	chwe chant	6000	chwe mil
70	saith deg	700	saith gant	7000	saith mil
80	wyth deg	800	wyth gant	8000	wyth mil
90	naw deg	900	naw cant	9000	naw mil
				Million	miliwn



Number rhif

+ adio
- tynnu

÷ rhannu
× lluosu

Lliwiau | Colours

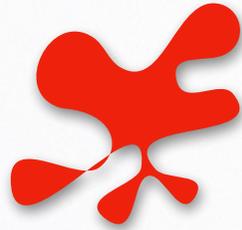
Pa liw ydy hwn?
What colour is this?



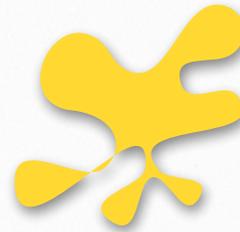
aur gold

arian silver

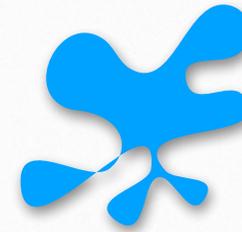
amrywliw multicoloured



coch
red



melyn
yellow



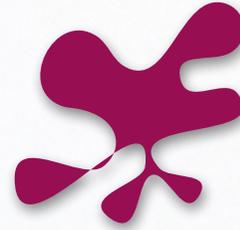
glas
blue



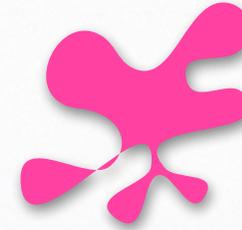
gwyrdd
green



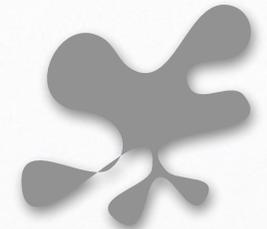
oren
orange



porffor
purple



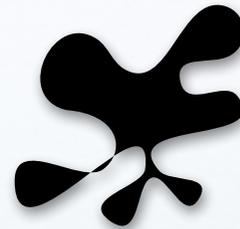
pinc
pink



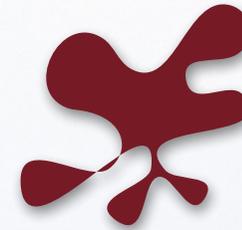
llwyd
grey



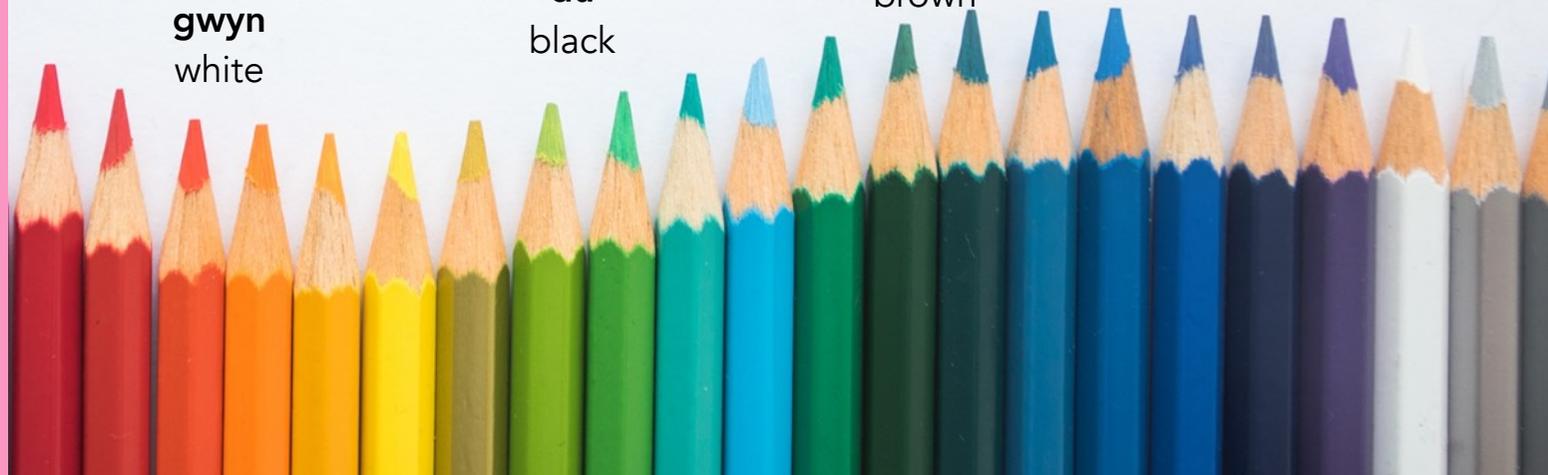
gwyn
white



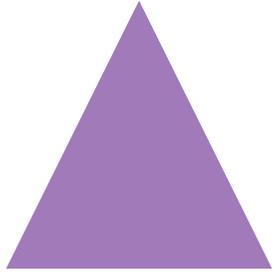
du
black



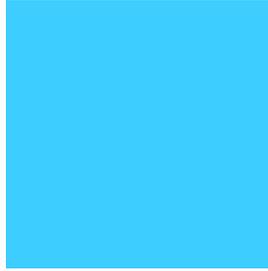
brown
brown



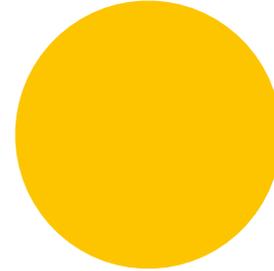
Siapiau | Shapes



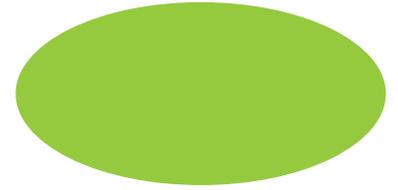
triongl
triangle



sgwâr
square



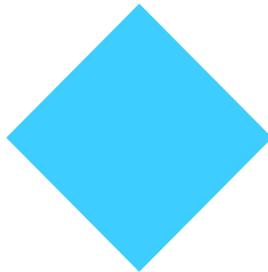
cylch
circle



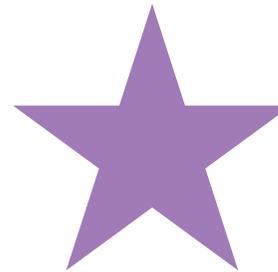
hirgrwn
oval



petryal
rectangle



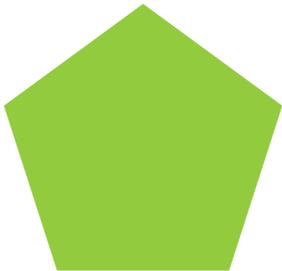
diemwnt
diamond



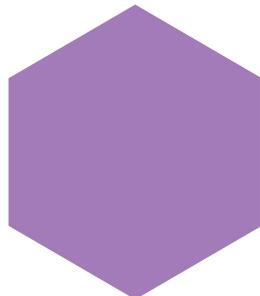
seren
star



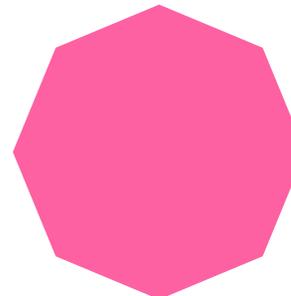
calon
heart



pentagon
pentagon



hecsagon
hexagon



octagon
octagon



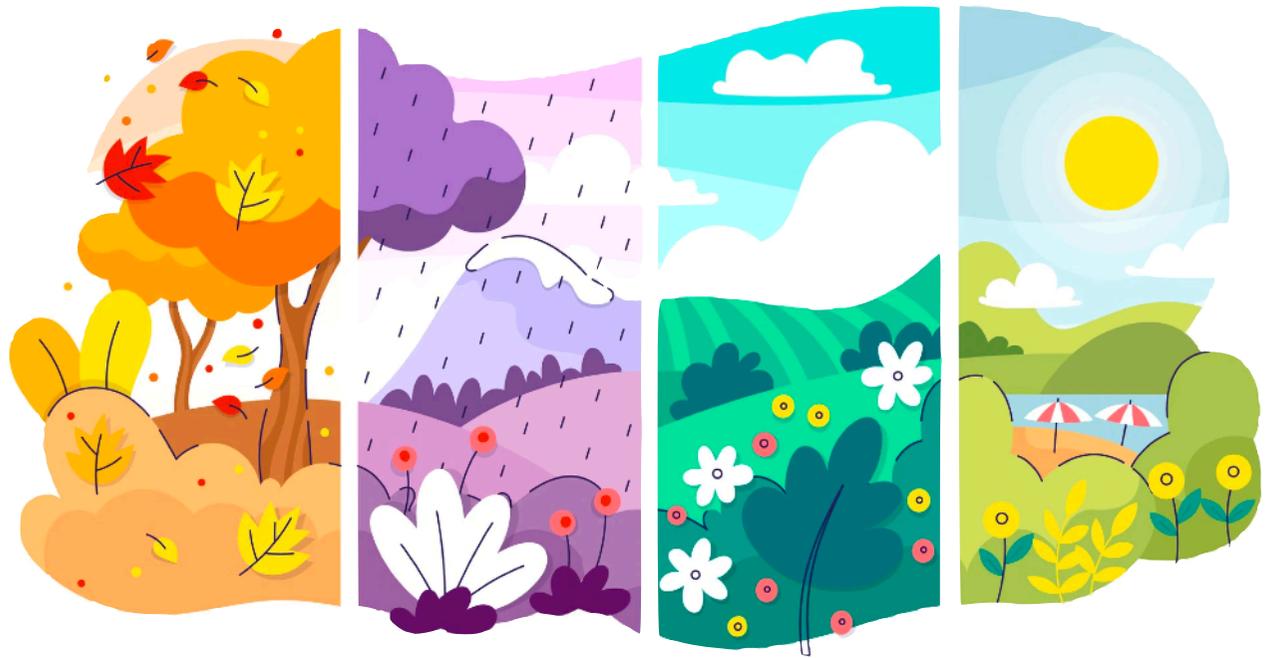
Misoedd y flwyddyn | Months of the year

Ionawr	January
Chwefror	February
Mawrth	March
Ebrill	April
Mai	May
Mehefin	June
Gorffennaf	July
Awst	August
Medi	September
Hydref	October
Tachwedd	November
Rhagfyr	December

Dyddiau'r wythnos | Days of the week

Dydd Llun	Monday
Dydd Mawrth	Tuesday
Dydd Mercher	Wednesday
Dydd Iau	Thursday
Dydd Gwener	Friday
Dydd Sadwrn	Saturday
Dydd Sul	Sunday

Tymhorau | Seasons



Hydref
Autumn

Gaeaf
Winter

Gwanwyn
Spring

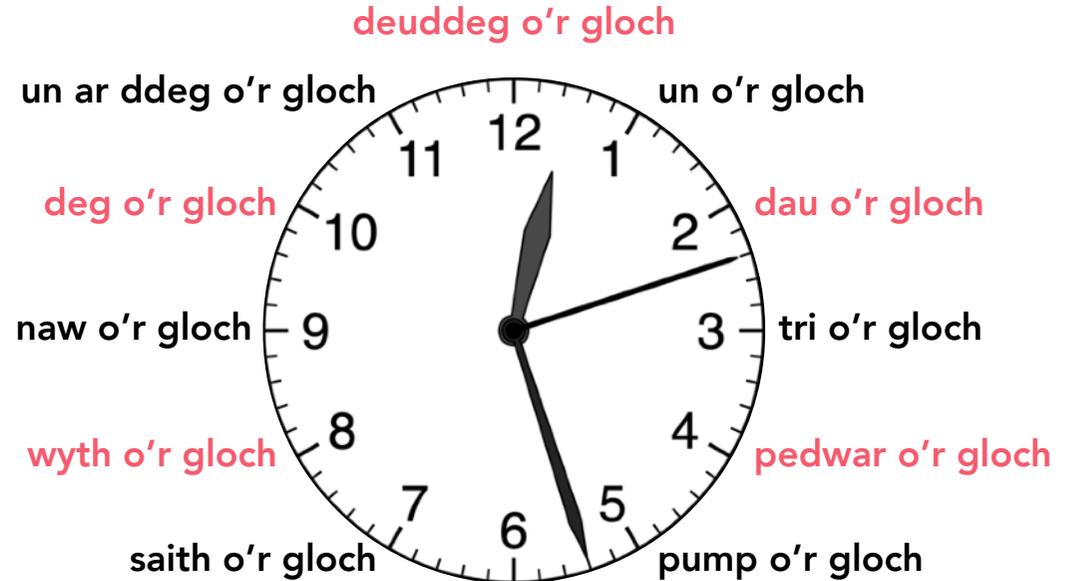
Haf
Summer

Amser | Time

Faint o'r gloch ydy hi?

What time is it?

01:00	Un o'r gloch
01:05	Pum munud wedi un
01:10	Deg munud wedi un
01:15	Chwarter wedi un
01:20	Ugain munud wedi un
01:25	Pum munud ar hugain wedi un
01:30	Hanner awr wedi un
01:35	Pum munud ar hugain i ddau
01:40	Ugain munud i ddau
01:45	Chwarter i ddau
01:50	Deg munud i ddau
01:55	Pum munud i ddau



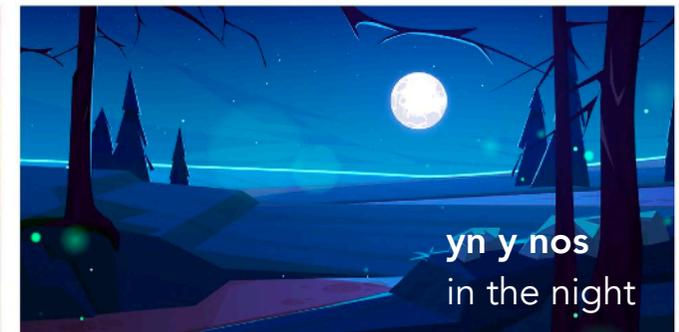
Eiliad	Second
Munud	Minute
Awr	Hour
Diwrnod	Day
Wythnos	Week
Mis	Month
Blwyddyn	Year
Heddiw	Today



Amser | Time

Ddoe	Yesterday
'Fory	Tomorrow
Wythnos yma	This week
Wythnos diwethaf	Last week
Wythnos nesaf	Next week
Blwyddyn nesaf	Next year
Yn gynnar	Early
Yn hwyr	Late
Hanner dydd	Midday
Hanner nos	Midnight

Pryd?
When?



Mae hi'n amser...
It's time to...



Tywydd | Weather

Sut mae'r tywydd?
How's the weather?



Mae hi'n heulog.
It's sunny.



Mae hi'n gymylog.
It's cloudy.



Mae hi'n bwrw glaw.
It's raining.



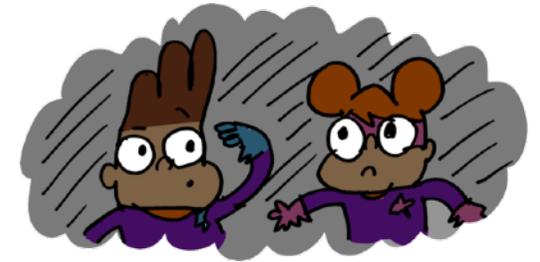
Mae hi'n wyntog.
It's windy.



Mae hi'n stormus.
It's stormy.



Mae hi'n bwrw cesair.
It's hailing.



Mae hi'n niwlog.
It's foggy.



Mae hi'n bwrw eira.
It's snowing.



Mae hi'n wlyb.
It's wet.

haul	sun
glaw	rain
cwmwl	cloud
gwynt	wind
niwl	fog
eira	snow

Mae hi'n boeth. It's hot.
Mae hi'n oer. It's cold..

Gofyn am bethau | Asking for things



Ga i ddŵr os gwelwch yn dda?
Can I have some water please?



Ga i bensil os gwelwch yn dda?
Can I have a pencil please?



Ga i bapur os gwelwch yn dda?
Can I have paper please?



Ga i bensiliau lliw os gwelwch yn dda?
Can I have colouring pencils please?



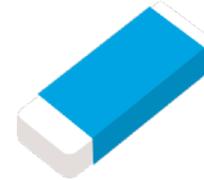
Ga i naddwr os gwelwch yn dda?
Can I have a sharpener please?



Ga i baent os gwelwch yn dda?
Can I have paint please?



Ga i siswrn os gwelwch yn dda?
Can I have a scissors please?



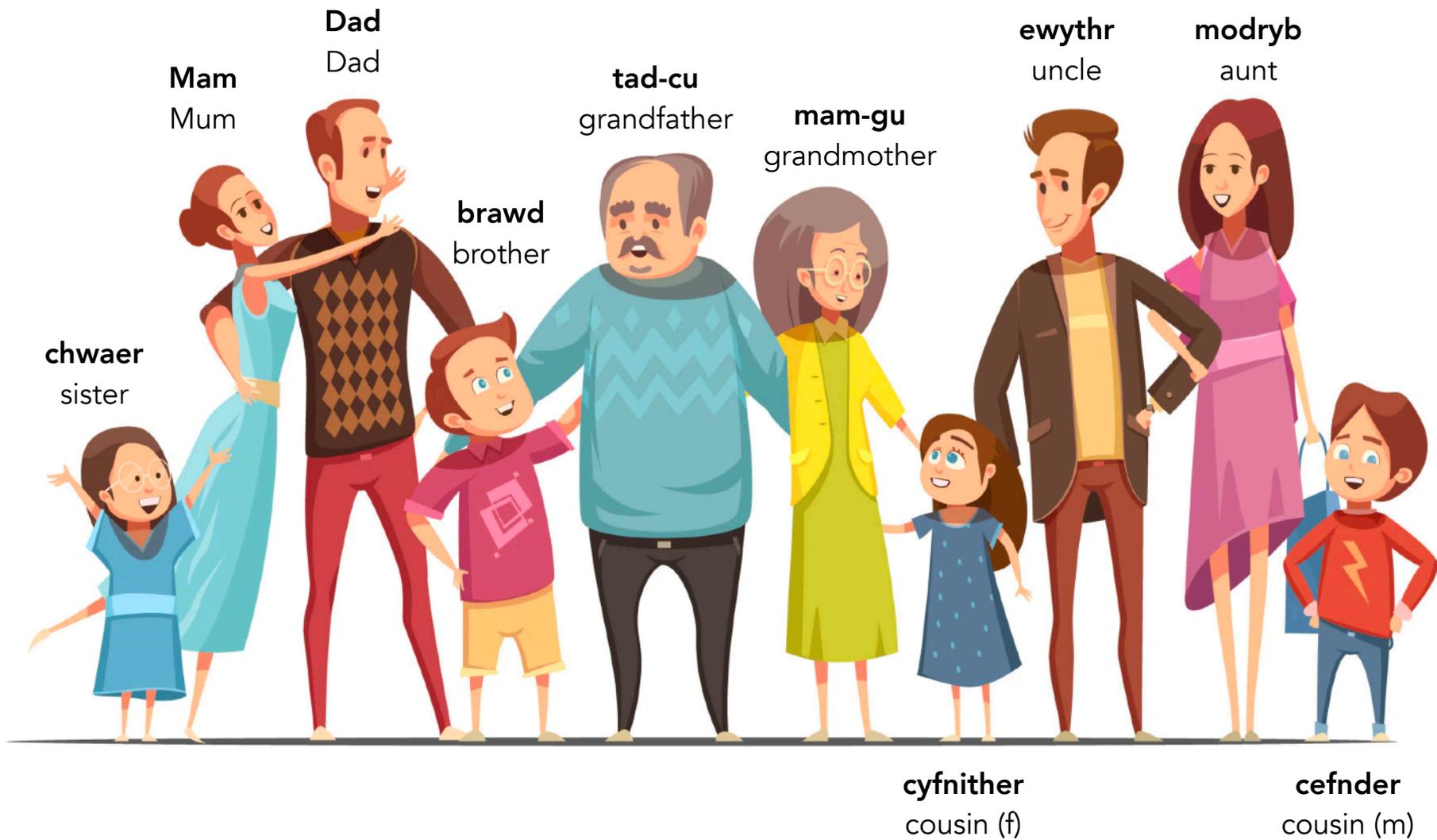
Ga i rwber os gwelwch yn dda?
Can I have a rubber please?



Ga i fynd i'r tŷ bach os gwelwch yn dda?
Can I go to the toilet please?



Teulu | Family



SU'MAE!



Pawb	Everyone
Teulu	Family
Ffrind	Friend
Ffrindiau	Friends

Teimladau | Feelings

Use the following page to help you talk about others in the present tense e.g.

Mae e'n hapus.

He is happy.

Mae hi'n hapus.

She is happy.

Maen nhw'n hapus.

They are happy.



Rydw i'n fendigedig.

I'm brilliant.



Rydw i'n hapus.

I'm happy.



Rydw i'n weddol.

I'm OK.



Rydw i'n drist.

I'm sad.



Rydw i wedi blino.

I'm tired.



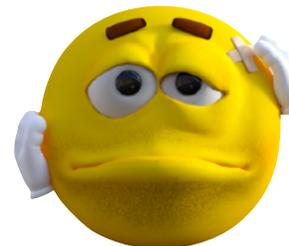
Rydw i'n grac.

I'm angry.



Rydw i'n ofnadwy.

I'm terrible.

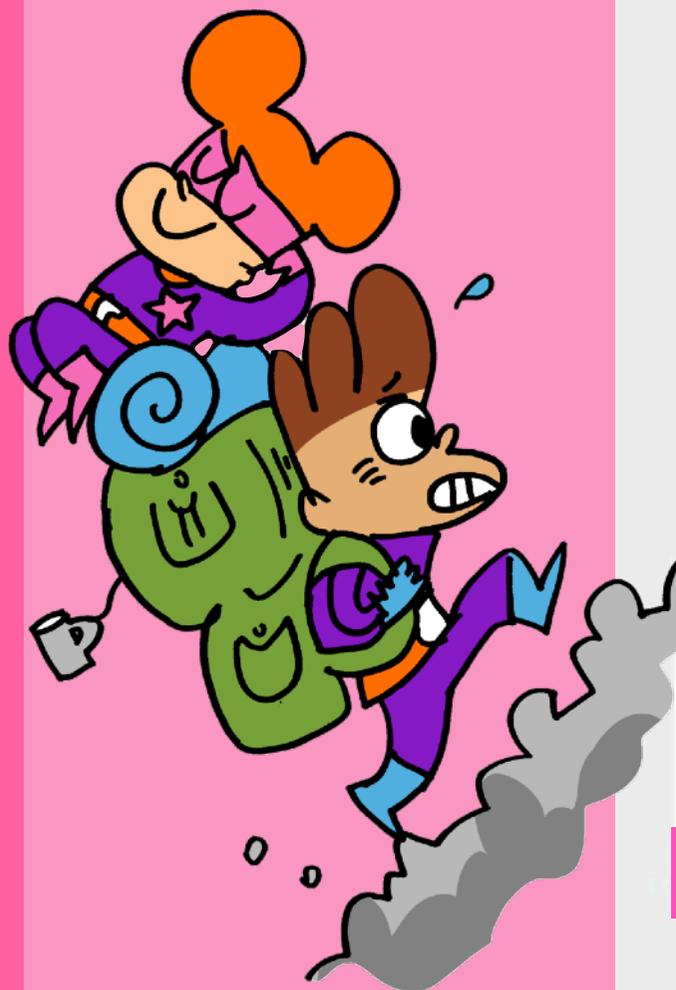


Rydw i'n sal.

I'm ill.



Yr Amser Presennol | The Present Tense



Rydw i'n...
I am...



Rwyt ti'n...
You are...



Mae hi'n...
She is...



Mae e'n...
He is...



Mae'n...
It is...



Rydyn ni'n...
We are...



Rydych chi'n...
You are...



Maen nhw'n...
They are...

Manylion personol | Personal details

Pwy wyt ti?
Who are you?

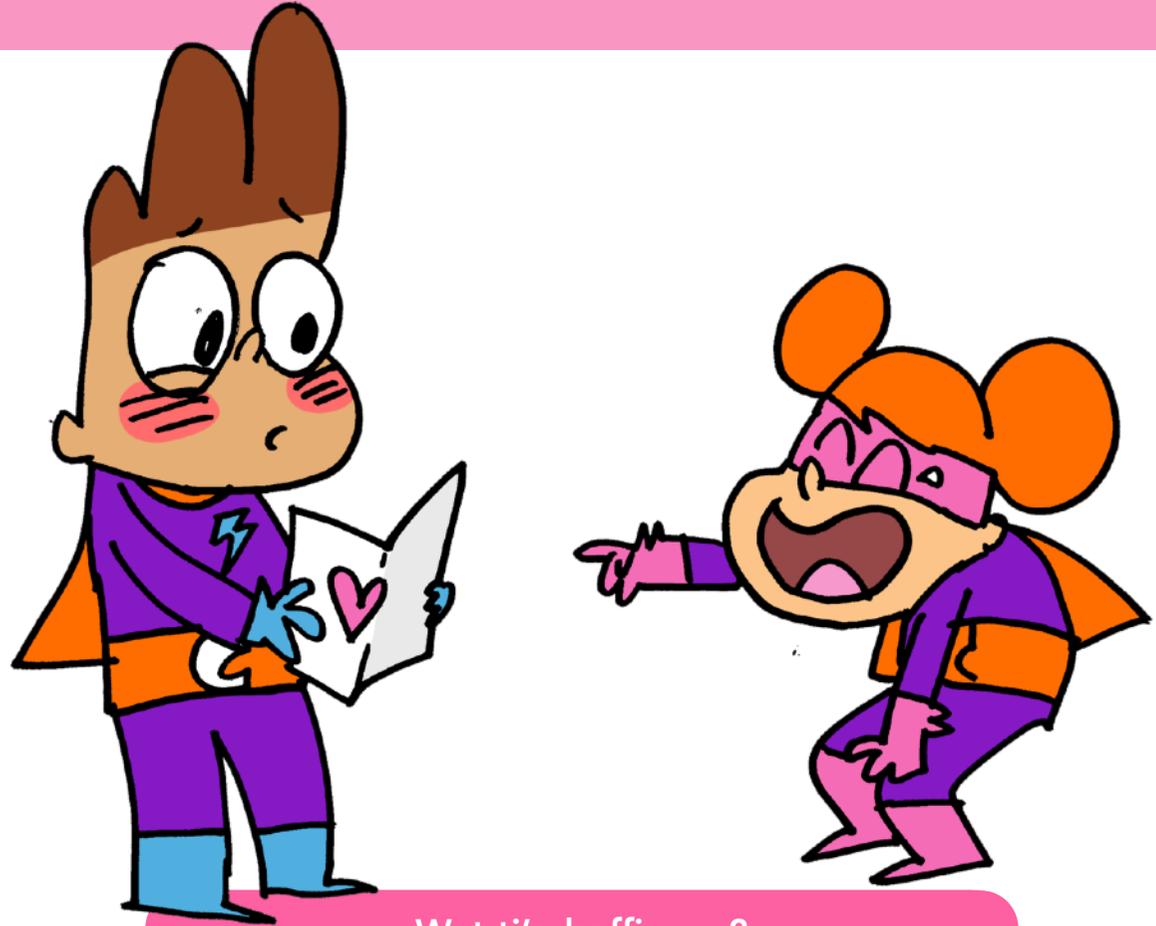
____ ydw i.
I'm ____.

Ble rwyd ti'n byw?
Where do you live?

Dw i'n byw yn ____.
I live in ____.

Faint yw dy oed di?
How old are you?

Dw i'n ____ oed.
I'm ____ years old.



Wyt ti'n hoffi ____?
Do you like ____?

Ydw, dw i'n hoffi ____.
Yes, I like ____.

Nac ydw, dw i ddim yn hoffi ____.
No, I don't like ____.

Yn yr ysgol
In the school





Pwy yw Pwy? | Who's Who?

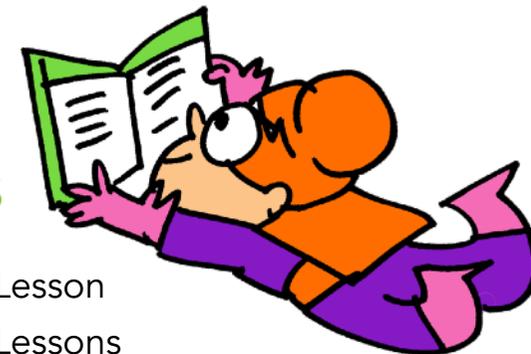
Plentyn	Child
Plant	Children
Rhiant	Parent
Rhieni	Parents
Pennaeth	Headteacher
Athro(m) Athrawes(f)	Teacher
Cynorthwydd	Assistant
Ysgrifennydd (m)	Secretary
Ysgrifenyddes (f)	
Glanhäwr (m)	Cleaner
Glanhäwraig (f)	
Gofalwr (m)	Caretaker
Gofalwraig (f)	
Llywodraethwyr	Governors
Ffrindiau'r ysgol	Friends of the school

Llefydd yn yr Ysgol | Places at School



Prif fynedfa	Main Entrance
Swyddfa	Office
Ystafell Athrawon	Staff / Teachers' Room
Neuadd	Hall
Dosbarth	Class
Dosbarthiadau	Classess
Cegin	Kitchen
Ffreutur	Refectory
Ystafell Gyfrifiaduron	Computer Room
Llyfrgell	Library
Toiledau	Toilets
Cae'r Ysgol	School field
Iard / Buarth	Yard
Giât yr Ysgol	School Gate
Bws Ysgol	School Bus

Termau | Terms



Gwers	Lesson
Gwersi	Lessons
Pwnc	Subject
Pynciau	Subjects
Maes Dysgu a Phrofiad	Area of Learning and Experience
Foundation Phase	Cyfnod Sylfaen
Nursery Class	Dosbarth Meithrin
Junior Department	Adran Iau
Cam Cynnydd	Progression Step



Gwersi | Lessons

Y Celfyddydau Mynegiannol
Expressive Arts

Cerdd
Music

Celf
Art

Iechyd a Lles
Health and Well-being

Ymarfer Corff
Physical Education

Y Dyniaethau
Humanities

Hanes
History

Daearyddiaeth
Geography

Addysg Grefyddol
Religious Education

Ieithoedd, Llythrennedd a Chyfathrebu
Languages, Literacy and Communication

Cymraeg
Welsh

Saesneg
English

Sbaneg
Spanish

Ffrangeg
French

Mathemateg a Rhifedd
Mathematics and Numeracy

Mathemateg
Mathematics

Gwyddoniaeth a Thechnoleg
Science and Technology

Gwyddoniaeth
Science

Dylunio a Thechnoleg
Design and Technology

Technoleg Gwybodaeth
Information Technology

Gweithgareddau | Activities



Beth ydych chi'n 'neud? What are you doing? (frm / pl)

Beth wyt ti'n 'neud? What are you doing? (inf / sg)



Rydw i'n...

dysgu

darllen

ysgrifennu

sillafu

cyfrif

ymchwilio

paratoi

meddwl

siarad

edrych

gwrando

lliwio

peintio

torri

tacluso

helpu

chwarae

adeiladu

gwylio

coginio

canu

cystadlu

I am...

learning

reading

writing

spelling

counting

researching

preparing

thinking

talking

looking

listening

colouring

painting

cutting

tidying

helping

playing

building

watching

cooking

singing

competing

Mynd i'r Ysgol | Going to School

Côt	Coat
Siwmpwr	Jumper
Crys	Shirt
Crys Polo	Polo Shirt
Trowsus	Trousers
Ffrog	Dress
Sgert	Skirt
Sanau	Socks
Esgidiau	Shoes



Oes _____ 'da chi? Do you have _____? (frm / pl)

Oes _____ 'da ti? Do you have _____? (inf / sg)

bag ysgol	school bag
bocs bwyd	lunch box
câs pensiliau	pencil case
cit ymarfer corff	PE. Kit
crys T	t Shirt
siorts	shorts
treinys	trainers



Digwyddiadau yn yr Ysgol | Events at the School



Gwasanaeth

Assembly

Dathliad

Celebration

Cyngerdd

Concert

Sioe

Show

Ymweliad

Visit

Trip Ysgol

School Trip

Noson Rhieni

Parents Evening

Ffair Ysgol

School Fair

Ffair Lyfrau

Book Fair

Diwrnod Mabolgampau

Sports Day

Gwyliau Ysgol

School Holidays

Hanner Tymor

Half Term



Amser Snac | Snack Time

Ydych chi eisiau? Do you want ____? (frm / pl)

Wyt ti eisiau? Do you want ____? (inf / sg)

Ydw, os gwelwch yn dda Yes, please

Nac ydw, dim diolch No, thank you

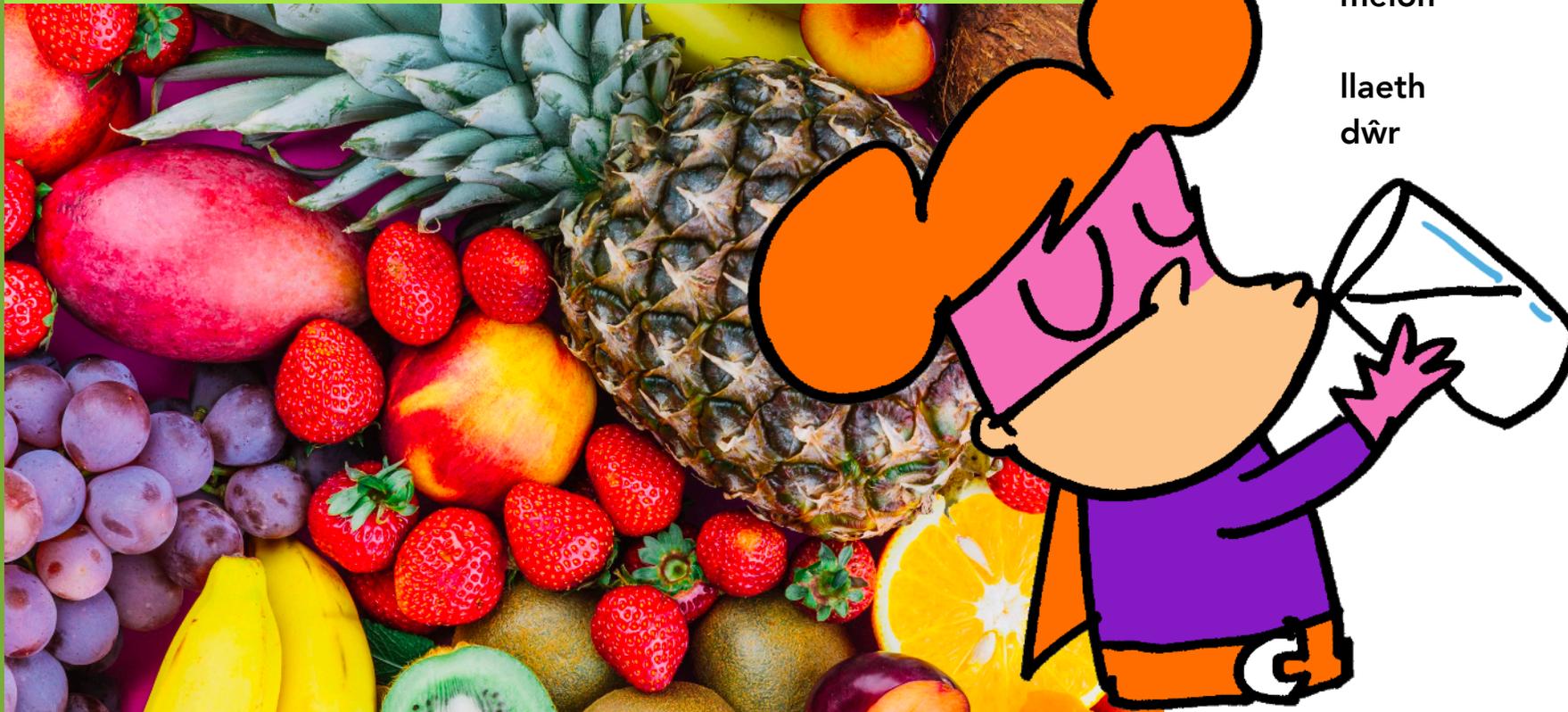
Ga i ____ os gwelwch yn dda? May I have ____ please?

Cei Yes, you may

Na chei No, you may not

ffrwyth	fruit
afal	apple
oren	orange
peren	pear
banana	banana
grawnwin	grapes
mefus	strawberries
eirinen wlanog	peach
pinafal	pineapple
ffrwyth ciwi	kiwi fruit
melon	melon

llaeth	milk
dŵr	water



Amser Cinio | Lunchtime

cinio ysgol school dinner
brechdanau sandwiches

cegin kitchen
cogydd cook (m)
cogyddes cook (f)
ffreutur canteen



Ydych chi eisiau?

Wyt ti eisiau?

Ydw, os gwelwch yn dda

Nac ydw, dim diolch

Do you want ____? (frm / pl)

Do you want ____? (inf / sg)

Yes, please

No, thank you

Ga i ____ os gwelwch yn dda?

Cei

Na chei

May I have ____ please?

Yes, you may

No, you may not

Bwyd | Food

llysiau	vegetables
moron	carrots
tatws	potato
taten bob	jacket potato
pys	peas
brocoli	broccoli
corn melys	sweetcorn
winwns	onions
sglodion	chips
pasta	pasta
pysgodyn	fish
cyw iâr	chicken
porc	pork
cig eidion	beef
cig oen	lamb
selsig	sausages
caws	cheese
brechdan	sandwich
creision	crisps
bara	bread
bisged	biscuit
cacen	cake
pwdin	pudding / dessert
diod	drink
dŵr	water
sudd	juice

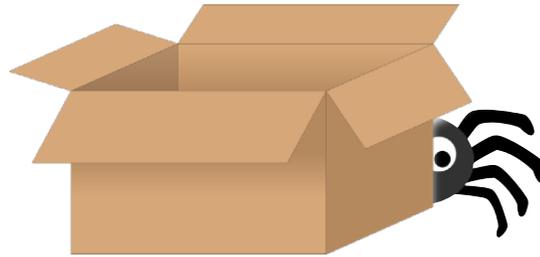
Arddodiaid | Prepositions

Ble mae'r corryn?

Where's the spider?



ar y boc
on the box



tu ôl y boc
behind the box



o flaen y boc
in front of the box



o dan y boc
under the box



wrth ochr y boc
next to the box



yn y boc
in the box

Gorchymynion | Commands



	informal / singular	formal / plural
Come here	Dere 'ma	Dewch yma
Come in	Dere i mewn	Dewch i mewn
Off you go	Bant â ti	Bant â chi
Go out	Cer mas	Ewch mas
Hurry up	Brysia	Brysiwch
Wait	Aros	Arhoswch
Stand	Sefa	Sefwch
Sit down	Eistedda	Eisteddwch
Listen	Gwranda	Gwrandewch
Walk	Cerdda	Cerddwch
Run	Rheda	Rhedwch
Jump	Neidia	Neidiwch
Lie down	Gorwedda	Gorweddwch
Don't	Paid	Peidwch

Wrth fynedfa'r ysgol
At the school entrance



Cyfarchion | Greetings



Helo	Hello
Shwmae	Hi
Croeso	Welcome
Bore da	Good morning
Prynhawn da / P'nawn da	Good afternoon
Noswaith dda	Good evening
Nos da	Good night
Hwyl fawr	Goodbye

Cwrteisi | Politeness

Diolch	Thank you
Croeso	You're welcome
Dim diolch	No thank you
Esgusodwch fi	Excuse me
Diolch yn fawr iawn	Thank you very much
Os gwelwch yn dda	Please
Mae'n ddrwg 'da fi	I'm sorry



Dechrau Sgwrs | Starting a conversation

Beth yw eich enw chi?
What's your name? (frm)

Beth yw dy enw di?
What's your name? (inf)

____ ydw i.
I'm ____.

O ble ydych chi'n dod?
Where are you from? (frm / pl)

O ble wyt ti'n dod?
Where are you from? (inf / sg)

Dw i'n dod o...
I come from...

Beth amdanoch chi?
What about you? (frm / pl)

Beth amdanat ti?
What about you? (inf / sg)



Dechrau Sgwrs | Starting a conversation



Sut ydych chi?

How are you? (frm / pl)

Sut wyt ti?

How are you? (inf / sg)

Da iawn, diolch

Very well, thank you

Gweddol

Fine

Ofnadwy

Terrible

Ydych chi'n iawn?

Are you OK? (frm / pl)

Wyt ti'n iawn?

Are you OK? (inf / sg)

Ydw

Yes, I am

Nac ydw

No, I'm not

Pethau Defnyddiol
Useful Things



Cefnogi fy mhlentyn | Supporting my child



It is important that your child has contact with the language as much as possible. Here are some simple steps:

Encourage your child to use Welsh when talking to friends and family

Read books, magazines, and even signs and menus in Welsh

Watch Welsh language programmes on the television or online

Listen to Welsh music

Download Welsh apps

Dolenni | Links

cyw.cymru

Rhaglenni a gemau Cymraeg i blant ifanc

Welsh programmes and games for young children

www.s4c.cymru/cy/stwnsh

Rhaglenni a gemau i blant iau

Programmes and games for junior children

cymru.fm

Cerddoriaeth Cymraeg 24/7

Welsh music 24/7

www.cymru.fm/llwyfan-cymru

Dysgu a datblygu sgiliau newydd

Learning and developing new skills

selar.cymru

Lle i ddysgu mwy am y sin roc yng Nghymru

A place to learn more about the rock scene in Wales

learnwelsh.cymru

Gwersi Cymraeg i oedolion

Welsh lessons for adults



Rhestri Chwarae | Playlists



BBC Teach

Mae'r clipiau hyn yn addas ar gyfer dysgu Cymraeg i ddisgyblion y Cyfnod Sylfaen a CA2. Dylent annog plant i ddefnyddio'r Gymraeg yn achlysurol; tu allan i'r ystafell ddosbarth mewn sefyllfaoedd bob dydd.

These clips are suitable for teaching Welsh to Foundation Stage and KS2 pupils. They should encourage children to use Welsh incidentally; outside the classroom in everyday situations.



Amser Stori

Dewch i wrando ar straeon yn cael eu darllen gan wynebau cyfarwydd.

Come and listen to stories being read by familiar faces.

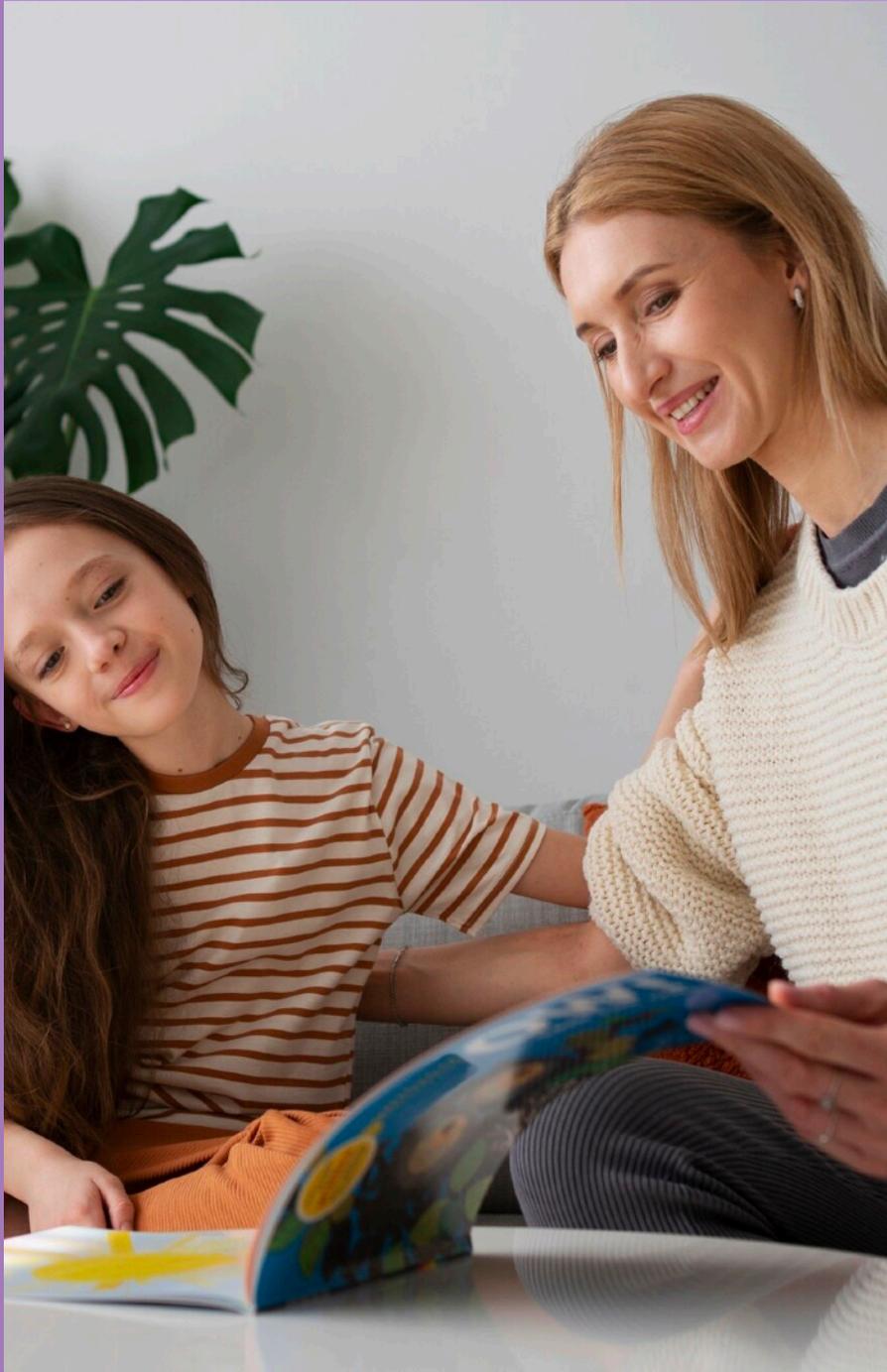


CYW

Caneuon Cymraeg a rhaglenni byrion i blant ifanc

Welsh songs and short programmes for young children

Ymadroddion Dysgwyr Cymraeg | Welsh Learner Phrases



Ydych chi'n siarad Cymraeg?
Wyt ti'n siarad Cymraeg?

Do you speak Welsh? (frm / pll)
Do you speak Welsh? (inf / sg)

Ydw
Nac ydw
Ydw, dipyn bach

Yes, I do
No, I don't
Yes, a little

Dw i'n dysgu Cymraeg

I'm learning Welsh

Dw i dim yn gallu siarad Cymraeg

I can't speak Welsh

Beth yw _____ yn Gymraeg?

What is _____ in Welsh?

Yn arafach, os gwelwch yn dda

Slower, please

Dw i'n deall

I understand

Dw i ddim yn deall

I don't understand





Cyngor Sir
CEREDIGION
County Council



Cyngor
Sir Penfro

Llyfryn cymorth o eiriau ac ymadroddion Cymraeg i rieni a gwarcheidwaid

A support booklet of Welsh words and phrases for parents and guardians