

Ceredigion Cost of Living Bulletin: Easter - Families, Children and Young People

Holiday Fun Across Ceredigion

The school holidays will be here soon!

To help families plan ahead, we've pulled together a range of free and low-cost activities taking place across Ceredigion.

Ceredigion Actif

Ceredigion Actif will be holding activities across the Easter Holidays. Keep an eye on their social media pages for more details.

[Facebook](#)

[Instagram](#)

These events will be held across the county in:

- [Cardigan](#) 📞 (01239) 621687
- [Aberystwyth](#) 📞 (01970) 624579
- [Lampeter Well-being Centre](#) 📞 (01570) 422522

Family Centre activities

Family centres in Ceredigion run regular sessions as well as one off activities in the holidays. Follow the links below to your local centre's social media page to see what they have planned.

[Borth Community Hub](#) - 07896 616857

[Llandysul Family Centre](#) - 07984 072922

[Lampeter Family Centre](#) - 07538 171721

[Penparcau Community Forum](#) - 01970 611099

[Tregaron Family Centre](#) - 07498521067

[RAY Ceredigion](#) - 01545 570686

RAY Ceredigion Play Sessions in Tregaron & Aberystwyth



RAY School Holiday Play Sessions 2026 Tregaron lay area SY25 6JA

Fridays 11am—2pm

Friday 20th February 2026

Friday 3rd April 2026

Friday 10th April 2026

Friday 8th May 2026

Monday 29th May 2026

+ 6 Fridays in summer hols & 1 Oct halfterm 2026

- Free Level One Playwork course in Memorial Hall on
- Friday 13, 20 & 27 March 9.25-3pm Tregaron Memoorial Hall



*Children aged 5 and over can attend unaccompanied
Children aged under 5 must be accompanied by parent/carer*

RAY Play sessions are free Suita-
ble for all ages and abilities
We welcome parents and carers
We provide healthy snacks



RAY activities will include

- ⇒ Den making
- ⇒ Dressing up
- ⇒ Sand and water play
- ⇒ Wheeled toys
- ⇒ Stilts, hula hoops, circus skills

Funded by Awards for All

<https://www.facebook.com/>





RAY Ceredigion



RAY Outdoor Play Sessions Hub Penparcau

Mondays School Holidays 2026

Monday 16th February 2026

Inside in Hub hall if bad weather

Monday 30th March 2026

Monday 6th April 2026

Monday 4th May 2026

Monday 25th May 2026

+ 6 Mondays in summer hols & 1 in Oct halfterm 2026

+ Free Level One Playwork course coming soon



The Hub Penparcau

. 10.30-12.30 Parents & Under 5's

. 1-3pm Children aged 5 and over



RAY Play sessions are free of charge

- Suitable for all ages and abilities
- Welcome parents and carers
- Provide healthy snacks

RAY activities will include

- . Role play
- . Face painting
- . Sand and water play
- . Arts and crafts
- . Parachute games
- . Active play with stilts, pedalos



Where to find us:

The Hub Penparcau
Aberystwyth SY23 1RU

Funded by Awards for All

<https://www.facebook.com/>



Ceredigion Youth Service

Interested in what's happening with Ceredigion Youth Service this Easter and in the months ahead?

They regularly share news, activities, and events for young people across the county.

For the latest updates, follow Ceredigion Ifanc on Facebook, Instagram, and now TikTok, where new and upcoming opportunities are posted weekly.

Facebook: Gwasanaeth Ieuencid Ceredigion Youth Service

TikTok & Instagram: @ceredigionifanc

Stay connected so you don't miss out on what's happening near you.

Area 43

[Feelz on Wheelz](#) is a mobile youth café and support service for young people aged 13–25 offering low-cost drinks and snacks. This is a drop-in service with no referral or appointment needed. Support includes activities, help with job applications and CVs, mental health support, signposting, and general chats.

Spring Schedule

Mondays: New Quay Memorial Hall

Tuesdays: Aberystwyth University, Penglais Campus (next to the SU and Arts Centre)

Wednesdays: Aberporth Village Hall

Fridays: TBC!

Follow @feelzonwheelzceredigion for latest updates or call 01239 614566

Other upcoming Events

- 10 April: Youth Panel launch of the Safe Space Endorsement Scheme.
- Youth Hustings for the upcoming Senedd Elections - come and hear representatives from a variety of political parties talk about their policies and answer your questions. Ages 14–25 only:

Aberystwyth Students' Union: 13 April, 4pm–6.30pm

Depot Café, 35 Pendre, Cardigan: 16 April, 4.30pm–7pm

Abercon 2026

[Abercon](#) 2026 is a family-friendly community anime convention taking place on Saturday 14 March 2026, from 10am–5pm at Aberystwyth Arts Centre. It celebrates animation, creativity and community, bringing people of all ages together. This year's theme focuses on magical worlds, mythical creatures and imaginative storytelling woven through the day's activities

Schedule:

11:30am: Magical journeys: animated films (PG/12A tbc)

2.30pm: Little Amélie or the Character of Rain (PG)

4pm: Cosplay parade

10am - 5pm: drop-in animation workshop
& stalls and games

Discover Ceredigion

Getting outdoors is a great way for children to stay active, boost their wellbeing, and have fun. Here are some ideas from Discover Ceredigion to help keep them busy over the Easter holidays, along with a link to Discover Ceredigion's Easter page for local events:

[Easter family fun in Ceredigion - Discover Ceredigion](#)

[Wildlife Spotting](#)

[Dark Sky Discovery](#)

[Gardens](#) (some of these have an entry fee)

[Cycling](#)

Easter Egg Hunts and Trails

Here are some of the free or low-cost Easter Trails happening over the holidays:

- [Llanerchaeron](#) – March 25th till April 12th - £3.50 per child, no need to book.
15455 70200
- [Lampeter Easter Egg Hunt](#) - April 5th - Free.
- [The National Wool Museum Easter Trail](#) - 28 March, 31 March, 1-4 April, 7-11 April 2026, 10am - 4pm – Free - 0300 111 2333
- [Cardigan Castle Easter trail](#) - Date TBC. Check their [website](#) or call 01239 615 131 for latest information.

Warm Welcome Spaces in Ceredigion

Warm Welcome Spaces offer somewhere to meet and spend time with others in your community. They provide a warm place to sit, hot drinks, friendship, company, and sometimes hot meals.

[Click here](#) to download a list of Warm Welcome Spaces, including their opening times and details of what each one offers.

If you would like a printed copy of the list posted to you, please contact 01545 570881 or email clic@ceredigion.gov.uk.

Childcare Support in Ceredigion

Looking for childcare or support for your family? Here are the main places to find quick, helpful information.

Finding Childcare

Ceredigion County Council has [simple guides](#) to help you choose the right childcare for your family.

You can also search for registered childcare across Wales using the [Family Information Service](#)

Support for 2-Year-Olds – Flying Start

Flying Start offers free support and opportunities for families with children under 4, including funded childcare for 2–3-year-olds. Check if your postcode is eligible [using the online postcode checker](#).

Support for 3–4-Year-Olds – Childcare Offer for Wales

Working parents can get up to **30 hours a week** of funded early education and childcare for 3–4-year-olds, for up to **48 weeks a year**.

More information is available [online here](#)

Events across Ceredigion

- Welsh Wildlife Centre – hosting many events over Easter, visit their [Facebook page](#). 01239 621212
- Various events at [RSPB Ynys-hir](#) including [Wildlife Explorers Club](#) Sunday 5 April 10:30am 8-12 years & [Wild Wednesday](#) April 8th 11am children aged 4-11 years plus their adults. 01654 700222
- [Bean Sprouts – Family Gardening in Blaenffos](#) April 11th 1:30pm.
fieldofbeans@ffynnon.org.uk
- Knight-Fox Wild About Learning – [Story telling and wildlife engagement activities](#).
07490552755

- [The Big Science Project at the National Wool Museum](#) - 11 April 2026, 10.30am-11.45am cost £8 per child 5–12-year-olds. 0300 111 2333
- [Clarach Bay Holiday Village](#) are hosting events such as Family Magic Show, Free Kids Circus Workshop, Free Birds of Prey Display and Easter Bunny breakfast with a special guest. 01970 828277.
- [Cardigan Castle](#) events include Knight School on March 31st and Mr Jon Jon show on April 17th 01239 615131.
- [Jig-So](#) events include Easter Party on April 2nd at Llechryd Village Hall, 11am to 1.30pm 0 to 14 years, free and includes lunch. Stay and play session April 10th at Jig-So children's centre cardigan 10am to 12pm. Free and includes snack. 01239 615922

GLOW Byd Bach

[GLOW Byd Bach](#) is a voice for LGBTQIA+ youth in the Cardigan area run by workers from the LGBTQIA+ community. GLOW runs creative sessions for young people aged 11 – 18. If you have any questions, please contact Faye on youth@smallworld.org.uk.

Follow on Instagram @glowbydbach to see posters and more future events.

<u>Date and Time</u>	<u>Activity</u>	<u>Location</u>	<u>Facilitators</u>
March 18 4pm -7pm	Upcycling Workshop with Maya Donally – make a bag out of a t-shirt	Small World	Faye and Maya
April 1 4pm -7pm	Friendship bracelets and other crafts	Small World	Faye and Deri
April 15 4pm -7pm	Natural dye workshop with Seren Stacey	Small World	Faye and Seren
April 29 4pm -7pm	Arts, crafts and a visit from our funders Children in Need	Small World	Faye and Deri
May 13 4pm -7pm	Dungeons and Dragons with Wez McCreary (create your own character and go on an adventure)	Small World	Faye and Wez
May 27 4pm -7pm	Arts and crafts, boardgames, and free food.	Small World	Faye and Deri/Hannah

Tregaron Health and Wellbeing Show

A free Health & Wellbeing Show will be held at the Tregaron Memorial Hall on Friday April 10th, 2026, from 10am–2pm. The event will feature 25+ stalls, with advice and information from Hywel Dda University Health Board, Ceredigion County Council, and local third sector partners. It's a great opportunity to learn about local services, get wellbeing support, and connect with community organisations.



Staying safe in the water

As the weather improves, it's likely more of us will be enjoying time down the beach. To help everyone stay safe, the [RNLI](#) shares four simple lifesaving messages.

- **Stop and Think** – Look out for hazards like strong waves or rocks before going in.
- **Stay Together** – Always stay with a friend, family member or group.
- **Float** – If you fall in unexpectedly, lie on your back and float until you feel calm.
- **Call 999 or 112 in an emergency** – If someone's in trouble, don't go in after them — call for help.

Ceredigion's [beaches only become fully lifeguarded](#) once the summer season begins, with patrols starting between late May and late June depending on the beach, so please stay extra careful until then.

At-Home Easter Crafts

1. Paper Plate Easter Bunnies

All you need is a paper plate, cotton wool, pens and paper. Add ears, draw a face and glue on the fluffy cotton to create your own bunny.



2. DIY Egg Decorations

Use old cardboard, cereal boxes, scrap paper, or even real eggs. Cut out egg shapes and decorate with paint, felt-tips, stickers or collage.



3. Handprint Chicks

Draw around your hand, cut it out and decorate it with bright yellow pens or paint. Add eyes, a beak and feet for a cheerful Easter chick.



4. Toilet Roll Bunnies & Chicks

Use empty toilet rolls to make small characters. Paint the rolls, add ears/wings, and draw on fun faces.



Close

Head to the County Council's website for more information on cost-of-living support

[Cost of Living Support - Ceredigion County Council](#)

The next bulletin will come out on 17th April 2026.

We will focus on **'Support getting into work'**

Please get in touch if you have information you would like us to include.

Email: partnerships@ceredigion.gov.uk Telephone: 01545 570881

Let us know what you think of our e-bulletin by answering two questions.

[Click here for the survey](#)