Bwrdd Gwasanaethau Cyhoeddus Ceredigion Public Services Board



Meeting 42 3 March 2025, 14:00-16:00

Virtual via Teams MINUTES

| Present: | | | | |
|----------------------------------|--|--|--|--|
| Hazel Lloyd Lubran (HLL) | Chair, CAVO | | | |
| Gavin Bown (GB) | Vice-Chair, Natural Resources Wales | | | |
| Barry Rees (BR) | Ceredigion County Council | | | |
| Megan Harris (MH) | Hywel Dda Public Health Team | | | |
| Steve Thomas (ST) | Aberystwyth University | | | |
| George Holloway (GH) | One Voice Wales | | | |
| Trina Nealon (TN) | Hywel Dda Public Health Team | | | |
| Wayne Thomas (WT) | Mid and West Wales Fire and Rescue Service | | | |
| Dr Andrew Cornish (AC) | Coleg Sir Gâr | | | |
| Heddwyn Thomas (HT) | Dyfed Powys Police | | | |
| Wyn Morris (WM) | Department for Work and Pensions | | | |
| Also in attendance: | | | | |
| Greg Jones (GJ) | Ceredigion County Council | | | |
| Carys Lloyd-Jones (CLJ) | Ceredigion County Council | | | |
| Cathryn Morgan (CM) | Ceredigion County Council | | | |
| Jessica Thomas (JT) | Dyfed Powys Police | | | |
| Mandy Williams (MW) | Co-Production Network Wales | | | |
| Russell Hughes-Pickering (RHP) | Ceredigion County Council | | | |
| PSB Support Team: | | | | |
| Diana Davies (DD) | Ceredigion County Council | | | |
| Tim Bray (TB) | Ceredigion County Council | | | |
| Sara Dafydd (SD) | Ceredigion County Council | | | |
| Neris Davies (ND) | Ceredigion County Council | | | |
| Teleri Elias | Ceredigion County Council (Minutes) | | | |
| Members of the Public Attendees: | | | | |
| Jim Ralph – Observer | | | | |

Polly Ernest – Observer

Apologies, introductions & disclosures of interest

Elizabeth Mullen – Observer

42.1

The Chair Hazel Lloyd Lubran (HLL), welcomed those present to the meeting. The members of the public in attendance were also acknowledged and welcomed by HLL. HLL noted that a number of queries were submitted prior to the meeting by the observers present – However, it was highlighted that queries must relate to the statutory functions or work programme of the PSB, and that any questions relating to the work of individual organisations would be forwarded as appropriate. HLL confirmed that all queries submitted had been forwarded to the Board's representative for Natural

Resources Wales (NRW), Gavin Bown (GB). GB presented the latest information on NRW's Visitors Centres via the Chat function: All paths, trails, car parks, play areas and toilet facilities will remain open at the sites and public meetings were held to update communities on November 25 (Ynyslas) and 26 (Bwlch Nant yr Arian). The expression of interest process for community use of Ynyslas Visitor Centre has now finished. NRW are considering the submissions and will notify interested parties as soon as possible. Latest information on the Visitor Centres in Ceredigion is available from the following webpage.

Apologies were noted for the following:

Pat Smith – Department for Work and Pensions
Iwan Cray – Mid and West Wales Fire and Rescue Service
Dr Ardiana Gjini – Hywel Dda Public Health Team
Claire Bryant – Police & Crime Commissioner's Office
Superintendent Steve Davies – Dyfed Powys Police
Councillor Wyn Evans – Ceredigion County Council
Elen James – Ceredigion County Council
Councillor Bryan Davies – Ceredigion County Council
Councillor Catrin Davies – Ceredigion County Council
Councillor Matthew Vaux – Ceredigion County Council

HLL noted that the three Counties are experiencing similar challenges in terms of senior representation from Hywel Dda University Health Board (HDdUHB), which will warrant further investigation.

42.2 Minutes of the previous Ceredigion PSB meeting – 2 December 2024

The minutes from the meeting held on 02.12.2024 were agreed as a true record.

42.3 Completion of actions and matters arising from previous meeting 2 December 2024

All actions from the previous meeting on 02.12.24 were completed or included on the agenda.

| Action Log – 2 December 2024 | | | | |
|------------------------------|--|---------------------------------|--|--|
| 1. | Complete – Well-being Plan Information Events to remain as a standing Agenda item, and the Partnerships Team to establish whether Google calendar can be used in place of the Events Log document. | Partnerships Team | | |
| 2. | Complete – Ann Elias to share details for the Active Travel Plan consultation, the Partnerships Team to circulate to PSB members. | Ann Elias, Partnerships Team | | |
| 3. | Complete – Ann Elias to be invited back to a future PSB meeting for an update on the Active Travel Plan following the consultation. | Partnerships Team | | |
| 4. | Complete – Megan Harris to report back at a future PSB meeting on the Public Health initiatives focussing on behavioural change. | Megan Harris | | |
| 5. | Complete – Feedback from the Community Transport event to be fed back at the next PSB meeting. | Hazel Lloyd Lubran | | |
| 6. | Complete – The Partnerships Team to ensure that future spotlight sessions are noted on the agenda circulated ahead of PSB meetings for partners to consider their inputs. | Partnerships Team | | |
| 7. | Complete – The Partnerships Team to circulate the WSA To Healthy Weight workshops report, and details of how to sign up to the regional Learning Network when further information is available. | Partnerships Team | | |

8. Complete – The Partnerships Team to circulate the recommendations from the Fair Work Task and Finish Group meeting, and members to respond by 16 December 2024 with comments or objections to the proposals.

42.4 Ceredigion Local Well-being Plan 2023-28: Review of Activity Tracker (Meeting 42)

Tim Bray (TB) presented the Activity Tracker to the Board, which had been updated and circulated as part of the papers ahead of the meeting. The Activity Tracker provides an overview of completed actions and progress monitoring against the Well-being Plan's Objectives. During a recent PSB Chair's meeting, the Activity Tracker was reviewed in full prior to circulation to Board members. For ease of reference, the areas in which there were updates had been highlighted, and partners were asked to raise any comments or feedback in relation to the highlighted updates at the meeting. No comments or feedback were received – The Activity Tracker will be further updated and circulated ahead of the next PSB meeting.

TB also confirmed that work will soon commence on the PSB's Annual Report for 2024-2025. It is hoped that a draft can be shared with the Board for consideration and feedback ahead of the next meeting to allow for timely publication.

Action: The PSB Support Team to draft the Annual Report for 2024-2025 for consideration and discussion at June's meeting.

42.5 Well-being Plan Information Events

HLL noted that work continues to ensure attendance at community events to promote the work of the PSB and the Local Well-being Plan. Sara Dafydd (SD) explained that following prior conversations around utilising Google Calendar to facilitate the process of logging events, it was found that the process required a number of additional steps which would likely restrict partner accessibility to the interactive calendar. It was therefore proposed that a calendar of upcoming events would be uploaded to the PSB's website and agreed that partners would contact the Partnerships Team with any event suggestions which could be included. HLL suggested that utilising Connect Ceredigion could be also considered as a contingency. SD noted that the Partnerships Team had received information regarding Jig-So's Fun Fest and Information Sharing event, which is scheduled for the Easter holidays in Cardigan.

Action: Calendar of upcoming events will be uploaded to the PSB's website by PSB Support team

TB confirmed that the PSB Support Team attended the Lampeter Well-being Show on 26 February. Copies of the Well-being Plan for 2023-2028 and the Assessment of Local Well-being were available for attendees to read, and the Annual Report video was also played during the day. The Team also collected views from the public on their perception of well-being, with the aim of using responses to inform the next Assessment of Local Well-being. HLL reported that the Community Development Outreach Team (CDOT) who hosted the Lampeter Well-being Show with support from the PSB, are also looking to replicate the event in Cardigan.

42.6 Chair's Update

. Community Transport

A Community Transport event was hosted by CWMPAS in Aberaeron during December. The event invited anyone with an interest in community transport to attend and consider how the challenge of being a rural County could be overcome to enable people to better access services and opportunities. HLL explained that a video summarising the key discussion points is in the process of

being produced, and a report is undergoing translation which can be shared once ready.

ii. Shared Prosperity Fund Update

Cynnal y Cardi conducted a workshop on the future of the Shared Prosperity Fund (SPF). It is thought that SPF funding will be available for bids in the next financial year, which will be used to develop an investment plan for the economy for 2026-2027 onward. Next year's SPF may be significant funding source for the PSB; the workshops reports and findings will be shared with partners upon release

Action: Shared Prosperity Fund Workshops reports and findings will be shared with partners upon release - support team to circulate.

iii. RPB Governance Structure Review – Regional Collaboration

The West Wales Regional Partnership Board (RPB) are looking to review their governance structures and operational effectiveness within the Regional Health and Care System. This includes a survey assessing the performance of all Boards under the Regional Board. A meeting with key Regional Board partners will look to cement commitment to the Board and solidify its strategic focus. A subsequent report summarising these discussions will be circulated for review and consideration once finalised.

HLL has met with other PSB Chairs regionally, who expressed an interest in establishing a collaborative agreement between the RPB and Public Services Boards to collaborate on shared priorities and topics of focus. With the above in mind, it was proposed that it would be timely to review the PSB's own governance structure ahead of commencing preparations for the next Assessment of Local Well-being.

The Board discussed the positives and negatives of establishing a regional Public Services Board to enhance representation, which would enable delegation of actions to local PSB Delivery Groups. Although the legislation dictates collaborating/merging within Health Board footprints, members were keen to explore possibilities with Powys, in addition to Carmarthenshire and Pembrokeshire. Diana Davies (DD) suggested that the Partnerships Team liaise with regional counterparts, with the aim of preparing an options paper for presentation at the next PSB meeting. The Board agreed to this as a way forward, and the proposal of reviewing the Board's Terms of Reference prior to the September meeting was also supported.

Action: The PSB Support Team to liaise with regional counterparts to discuss the proposition of a regional PSB.

Action: The PSB Support team to prepare an options paper around a regional PSB for presentation and consideration by the PSB at the next meeting.

Action: The PSB's Terms of Reference to be reviewed ahead of September's PSB meeting.

42.7 Spotlight Session: Ways of Working

HLL introduced Russell Hughes-Pickering (RHP), Ceredigion County Council's Corporate Lead Officer for Economy & Regeneration, who presented a Spotlight Session on Ways of Working. RHP explained that following COVID, Ceredigion County Council (CCC) began work on a 'Ways of Working' project, which also included the production of a Hybrid Working Strategy. The project was established to explore the appetite for long-term change within the workforce and the extent of a shift in the wider strategic vision of where, when and how people can access services. A staff engagement exercise was carried out in April 2021 to gather feedback, experiences, ideas and future workplace requirements in order to support strategic decision-making. Based on responses, 5

priorities were identified and a number of success measures.

Next steps included piloting hybrid workspaces in Canolfan Rheidol and Penmorfa, and the data collected during the hybrid phase was used to inform the next steps. The data collated included utilisation figures, busy times, duration averages etc. During the last year, over 17,000 desks were booked, not including those who attended both locations to attend meetings in meeting rooms. A public engagement exercise was subsequently carried out whereby residents were asked how they would like to see any unused spaces in Canolfan Rheidol and Penmorfa being utilised. Feedback from the public showed that Health and Social Care were the most popular suggestions across the 2 sites. Based on the feedback, offices have been re-designed to support the Through Age and Wellbeing Programme in Penmorfa, with the new Centre for Independent Living opening in 2024 on the ground floor. The Centre promotes independence and community support and is set to transform the way individuals find solutions and access information to help themselves. In Canolfan Rheidol, the Health Board are currently trialling the use of areas on the ground and second floor, which includes physiotherapy sessions.

HLL thanked RHP for the presentation and reinforced that many organisations are currently having to make difficult decisions regarding use of buildings at this time. Partners including Gavin Bown (GB), Heddwyn Thomas (HTh), Steve Thomas (STh), Megan Harris (MH) and Andrew Cornish (AC) all expressed willingness to be involved in further conversations around exploring opportunities for colocating services, with a consensus that costs spent on additional overheads could be better utilised on frontline services. There was also agreement that the needs of certain services and sectors vary. As well as ensuring that any shared spaces are fit for purpose, there must also be consideration that requirements often evolve and change. It was also noted that amending spaces to suit service requirements would also incur certain costs. Whilst monitoring current trends, there is also a need to consider where those trends will lead, and challenges remain in predicting what requirements will look like in the future. HLL reinforced the importance of becoming more visible in communities and moving away from physical building being the sole route to accessing services. MH agreed that whilst there are a lot of services that the Health Board are unable to move out from clinics, there is a shift towards being more agile including increased working from home, pop-up clinics and localised, work. There was agreement that the Integrated Care Centres (ICC) located in Aberaeron and Cardigan are well received, and that consideration is being given to scoping opportunities for a similar approach in Lampeter.

HLL explained that post COVID, CAVO conducted a survey to ascertain the needs of 3rd sector groups. It was noted that there still appears to be interest in terms of shared office space in Aberystwyth amongst 3rd sector groups. RHP noted that whilst there is a general understanding of the needs and requirements of public sector organisations, it would be beneficial to gain a better idea of what 3rd sector organisations and community groups are looking for in terms of spaces. HLL proposed that given the interest in the Aberystwyth area, CAVO would look to reach out the 3rd sector to enquire about any office or building needs and plans in Aberystwyth, as part of initial steps to progress in this area.

Action: PSB Support team to convene a focus group to consider and explore innovative practices for potential building sharing and co-location in Aberystwyth.

Action: CAVO to reach out to the 3rd sector to enquire about any office or building needs and plans in Aberystwyth.

42.8 PSB Delivery Group Updates:

i. Well-being in Lampeter Delivery Group (Greg Jones, CCC)

The minutes from the meeting held on 30 January were shared with the papers. GJ explained that the Delivery Group are now seeking to appoint a Vice Chair following Gwilym Dyfri Jones' (GDJ) departure from his role at the University of Wales Trinity Saint David (UWTSD). At the last meeting, Rob Starr (RS) presented an updated version of the Lampeter Poverty and Deprivation Report, which highlighted specific pockets of deprivation in Lampeter Town Centre in terms of Community Safety and Housing. An update was given on the progress of the Lampeter Youth Project Steering Group, which acknowledged that the landscape for youth provision in the area has changed significantly since the establishment of the Group a year ago. Ceredigion County Council's Youth Service continue to provide services via 'Y Fan' on Fridays, and a round of the Phoenix project in collaboration with the Fire Service commenced in February at Lampeter Fire Station. Youth Workers also remain based in Ysgol Bro Pedr 4 days a week. Area 43 and Stage Goats have entered a partnership to pilot a Youth Café in Lampeter, opening in Spring 2025. In the interim, Area 43 are hosting a pop-up café 1 day a week in Victoria Hall.

An update was given by Geinor Jones on the Whole Systems Approach (WSA) to Healthy Weight, following the PSB's commitment at December's meeting to support the Access to Food sub-system. Train the Trainer Asset Mapping sessions were held in Lampeter and Cardigan mid-February, which aimed to equip participants with the skills required to carry out asset maps around access to food with various community groups. A summary of Ceredigion's Local Food Partnership recent work was also given by Ann Owen, who explained that the Partnership are currently undertaking a Good Food Survey which will inform a Good Food Strategy for the County. An update on the Social Model for Health and Well-being (SMfHW) was given by Rhian Rees, who reported that a SMfHW Summit will be held on 20 March which will celebrate and build support for the model, showcase efforts to reduce health inequalities and improve equity for communities.

HLL noted that GDJ departure had also resulted in a gap in representation on the wider PSB, and SD confirmed that efforts are ongoing to identify a relevant replacement. HLL reported that UWTSD are establishing a Stakeholder Group to review the future of the Lampeter campus, and expressed that it would be beneficial for the PSB to be involved in those conversations.

ii. Well-being in Cardigan (Hazel Lloyd Lubran, CAVO)

The minutes from the meeting held on 15 January were shared with the papers. A summary of Ceredigion's Local Food Partnership recent work was also given by Ann Owen, and Melanie Walters shared an update on Age-Friendly Ceredigion. HLL reminded members that it was previously agreed that Melanie Walters would return to a meeting of the wider PSB to update on the Age-Friendly Ceredigion work.

Action: Age-Friendly Ceredigion to be included on the Agenda at a future PSB meeting.

HLL noted the Well-being in Cardigan Delivery Group remain keen and committed to supporting the development of the Well-being Centre in Cardigan. HLL also reminded members that the opportunity remains to join the WSA Regional Learning Network. A report is in progress by the Public Health Team following the asset mapping training sessions held at Cardigan and Lampeter.

iii. Climate and Nature Delivery Group (Tim Bray, CCC)

TB confirmed that NRW have issued a call for Expressions of Interest for their internal position that would also have responsibility for chairing the Climate and Nature Delivery Group. Hopefully there will be some progress before the next PSB meeting

Historically, the work around the Mid and West Wales Travel Charter was nestled in this Delivery

Group, with regular updates given by Rhian Rees at meetings. TB reported that Dr Tom Porter from Cardiff and Vale Public Health Team who leads on Healthy Travel Wales, has arranged a meeting on 5 March with the aim of revisiting the conversations around a Healthy Travel Charter for Mid and West Wales, as well as potential collaboration with Swansea Bay.

In the absence of a Chair for the Climate and Nature Group and given that the Climate Change Risk Assessment (CCRA) has been identified as a priority piece of work, TB confirmed that conversations have been held with Carmarthenshire PSB around collaborating on this piece of work. TB explained that a CCRA Task and Finish Group has been scheduled by Carmarthenshire for 4 March, and an invite has been extended to himself and HLL as PSB Chair to discuss regional overlaps and collaboration.

42.9 Refugee Resettlement Group Update

The Refugee Resettlement Group Update Cover Report was circulated with the papers for this meeting. As Co-ordinator, a summary of the Group's work over the past year was given by Cathryn Morgan (CM). At the Group's last meeting on 20 January 2025, it was noted that there are 101 Ukrainian people (46 families) living in Ceredigion and 25 active Homes for Ukraine hosts. Ukrainian families continue to arrive slowly, with 10 people (6 families) arrived between September 2024 and January 2025.

CM explained some recent changes have been made to the Homes for Ukraine Scheme. The UK Government are now issuing visas to new applicants for 18 months, as opposed to 3 years, and those on a 3-year visa can apply to extend their visa for a further 18 months.

The UK Government have also announced that Thank You payments issued to Homes for Ukraine hosts will reduce from £500 to £350 per month from 1 April 2025. The Welsh Government (WG) have agreed to add £150 per month to the payments for individuals being hosted during their first 12 months. Many hosts in Ceredigion have said they cannot afford to continue for £350 per month. Ceredigion County Council's Refugee Resettlement Team have drawn up a list of mitigating actions and are liaising with the Council's Housing Options Team to reduce the risk of homelessness.

Affordable housing remains a key problem for refugee resettlement and asylum dispersal. The Team have been unable to offer sanctuary to any more refugee families under the UK Resettlement Scheme, as a suitable property at an affordable rent can't be identified. The last non-Ukrainian family was welcomed in April 2022.

The Refugee Resettlement Team ran a satisfaction survey in 2023/2024. Those who responded to the survey said that the top three barriers to integration were lack of English, difficulty finding a job and lack of affordable housing. However, 100% of those who answered said that they felt welcomed by the local community and that Ceredigion is a place where people from different backgrounds get along.

Formal support for families from Syria and Afghanistan has now ended, however the Team is still available to them if they need low level advice or signposting. The changing situation in Syria has caused fear amongst the local Syrian community that they will be forced to return. This is unlikely since most of the Syrian families have successfully applied for 'Indefinite Leave to Remain' status or British Citizenship.

The Home Office contracts ClearSprings Ready Homes to find properties for asylum seekers. They have identified three potential properties in Ceredigion, but each one has fallen through for various reasons.

The Group has agreed to reduce the number of meetings from 3 times per year to twice a year. Additional meetings will be called if required.

42.10 Feedback from Ceredigion County Council Coordinating Overview and Scrutiny Committee

TB gave an update on feedback from the Coordinating Overview and Scrutiny Committee as Cllr Wyn Evans (WE) had sent his apologies for the meeting. Papers shared ahead of the meeting included minutes from the previous Coordinating Overview and Scrutiny Committee meeting, which was held on 16 January 2025. The discussion in relation to December's PSB meeting was highlighted for members' ease of reference. The main points were noted as:

- CAVO were thanked for distributing grants to assist with food poverty and warm places. Hazel Lloyd-Lubran stated that CAVO works very closely with Ceredigion County Council in this regard.
- The Chair asked if there was any progress made with working with other Authorities. It was confirmed that one successful meeting of PSB chairs has been held to date and another one will be held on 6 May 2025.

42.12 Any Other Business

Due to time constraints, it was agreed that a brief update on the Gorwel Data Dashboard would be circulated following the meeting via email.

Action: Tim Bray to circulate an update on the Gorwel Data Dashboard.

It was noted that some members have difficulty in attending PSB meetings on Monday afternoons, and so it was proposed that different days were considered for meetings arranged in 2026.

The Chair thanked members for their time and contributions. The meeting was concluded at 16:03.

42.13 Date of next meeting: 2 June 2025 at 14:00-16:00

| Ongoing Action Log | | | | |
|--------------------|---|----------------------------|--|--|
| 1. | The PSB Support Team to draft the Annual Report for 2024-2025 for consideration and discussion at June's meeting. | Partnerships Team | | |
| 2. | Calendar of upcoming events will be uploaded to the PSB's website by PSB Support team | Partnerships Team | | |
| 3. | Shared Prosperity Fund Workshops reports and findings will be shared with partners upon release - support team to circulate. | Partnerships Team | | |
| 4. | The PSB Support Team to liaise with regional counterparts to discuss the proposition of a regional PSB. | Partnerships Team | | |
| 5. | The PSB Support team to prepare an options paper around a regional PSB for presentation and consideration by the PSB at the next meeting. | Partnerships Team | | |
| 6. | The PSB's Terms of Reference to be reviewed ahead of September's PSB meeting. | Partnerships Team | | |
| 7. | PSB Support team to convene a focus group to consider and explore innovative practices for potential building sharing and co-location in Aberystwyth. | Partnerships Team / ALL | | |

| 8. | CAVO to reach out to the 3rd sector to enquire about any office or building needs and plans in Aberystwyth. | Hazel Lloyd Lubran |
|-----|---|--|
| 9. | Age-Friendly Ceredigion to be included on the Agenda at a future PSB meeting. | Partnerships Team / Melanie Walters |
| 10. | Tim Bray to circulate an update on the Gorwel Data Dashboard. | Tim Bray |

