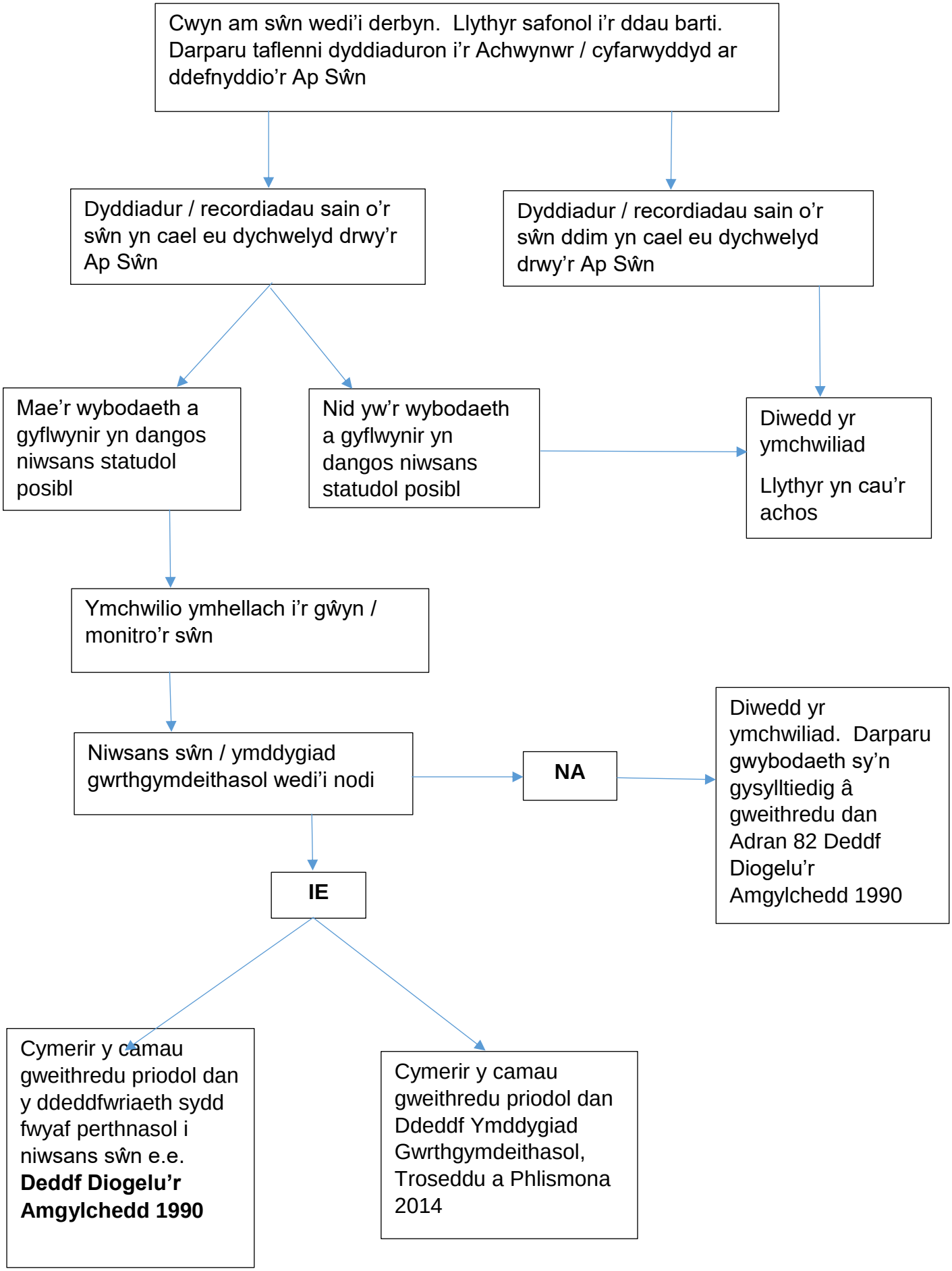Y Weithdrefn ar gyfer Ymchwilio i Niwsans Sŵn