



Ffurflen Gofrestru ar gyfer Y Gwasanaeth Gwybodaeth i Ofalwyr Carers Information Service Registration Form

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| Teitl (Mr / Mrs / Miss / Ms / Arall): Title (Mr / Mrs / Miss / Ms / Other): | |
| Eich Enw / Your name: | |
| Cyfeiriad a chod post / Address & postcode: | |
| Dyddiad geni / Date of birth: | |
| Ffôn / Telephone: | |
| Cyfeiriad e-bost / Email address: | |
| Dewis iaith (rhowch gylch o amgylch eich ateb) / Language preference (please circle): | |
| <p>Ysgrifenedig / Written</p> <p>Cymraeg / Saesneg</p> <p>Welsh / English</p> | <p>Llafar / Spoken</p> <p>Cymraeg / Saesneg</p> <p>Welsh / English</p> |

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|---|---|---|--------------------------------|
| Cymorth a chefnogaeth / Help and support | ✓ | X | Ddim yn gwybod I don't know |
| A fydddech yn hoffi sgwrsio â rhywun o Gofalwyr Ceredigion Carers (gwasanaeth cymorth ar gyfer Gofalwyr yng Ngheredigion)? Would you like to talk to someone from Gofalwyr Ceredigion Carers (a support service for Carers in Ceredigion)? | | | |

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| <p>A fyddech yn hoffi sgwrsio â rhywun o wasanaeth Porth Gofal Cyngor Sir Ceredigion ynghylch cael Asesiad o Anghenion Gofalwyr?</p> <p>Would you like to speak to someone in Ceredigion County Council's Porth Gofal about having a Carers Needs Assessment?</p> | | | |
| <p>Hoffech chi I ni eich cyfeirio at Action for Children (Cymorth i Ofalwyr Ifanc)?</p> <p>Would you like to be referred to Action for Children Young Carers Service (support for Young Carers)?</p> | | | |

Wrth lofnodi'r ffurflen hon rwy'n cadarnhau bod yr wybodaeth uchod yn gywir cyn belled ag y gwn i, ac y caiff Gwasanaethau Cymdeithasol Ceredigion neu'r darparwyr cymorth a enwir uchod gysylltu â mi os rwy'n gofyn am fwy o gymorth. Rwy'n deall y caiff yr holl fanylion a roddir ar y ffurflen hon eu cadw'n gyfrinachol, a'u defnyddio yn unol â'r Rheoliad Diogelu Data Cyffredinol.

By signing this form, I verify that the above information is correct to the best of my knowledge, and that Ceredigion Social Services or the support organisations referred to above may contact me if I have requested further support. I understand that the details given on this form will be treated confidentially and used under the terms of the General Data Protection Regulations.

Llofnod / Signed: **Dyddiad / Date:**

Llenwch y ffurflen a'i hanfon i'r Uned Gofalwyr / Fill out the form and return it to the Carers Unit:

Uned Gofalwyr / Carers Unit
 Cyngor Sir Ceredigion
 Canolfan Rheidol
 Rhodfa Padarn
 Llanbadarn Fawr
 Aberystwyth
 SY23 3UE

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 Ebst / Email: unedgofalwr@ceredigion.gov.uk / carersunit@ceredigion.gov.uk